# Health Finance & Reforms on Curaçao

some selected topics



Gerbert Spijker (Manager CURE - SVB) XIIIth CCNHFI (Anguilla) November 2019



Status of Health Care on CUR

 relevance & indicators
 local & international perspective

2. Reforming Health Care on CUR
- sustainability (BHI – 2013/2019)
- recent challenges (new Hospital)



### Financial:

Curaçao			Source
Health Expenditure	USD 405M 🤇	13% GDP	2014 (Volksgezondheid Instituut Curaçao - VIC)
Idem, per capita	USD 2.620	13% GNI/cap	2014 (VIC)
Employment Sector	6 à 7.000 FTE	10 à 12% workforce	Estimates: author (non-acad.) (benchmarks NED/USA/OECD)
Value Added Gross, mp	USD 195M	6% GDP	2017 (Centraal Bureau Statistiek Curaçao- CBS)

Health Care on CUR: TOP-5 economic sector relevance rises yearly (growth exp. > growth GDP)



# Social-economic & demographic:

Curaçao		Source
GDP per capita	USD 19K	2017 (CBS)
Unemployment rate	14% (< 24 yr: 33%)	2017 (CBS)
Average Age	42 year	2018 (PAHO)
Population < 15 yr	18%	2017 (VIC)
Population > 65 yr	17%	2018 (PAHO)
Fertility rate (children/woman)	2.0 children	2018 (PAHO)
Teenage births (< 20 yr)	3.2%	2018 (PAHO)
Life expectancy	79 year (76M – 81F)	2018 (PAHO)



### Health Status:

Curaçao		Bron
Neonatal mortality (< 4 wks)	<b>o.8</b> %	2017 (PAHO)
Infant mortality (< 1 yr)	1.0%	2017 (PAHO)
Child mortality (< 5 jr)	<b>1.2</b> %	2017 (PAHO)
Mortality indicators, top-3	<ul> <li>37% cardiovascular dis.</li> <li>1. cardiac infarct/attack/fail.</li> <li>2. cerebral infarct</li> <li>26% cancer</li> <li>1. prostate M / breast V</li> <li>2. lung M / colon V</li> <li>8% external (not 'natural')</li> <li>1. violence</li> <li>2. accidents</li> </ul>	2003-2007 (VIC)



### Health Status **by self-reporting**:

Data Curaçao 2017 (VIC)		Data Curaçao 2017 (VIC)	
Overweight (BMI >25)	65%	(very) Good health	75%
Obese (BMI >30)	29%	Chronic disorder	26%
High blood pressure	23%	Physical limitation	8%
High cholesterol	12%	Bespectacled	55%
Diabetes (self reported, all ages)	9%	Smoking	13%
Diabetes (estim. SVB 20-80 yr) Diabetes (IDF-Atlas, 20-80 jr)	10-12% 13%	Drinking • Daily	58% 4%

'The Curaçao Antithesis': high risk factors & high sense of (very) good health...



# **Benchmarks**

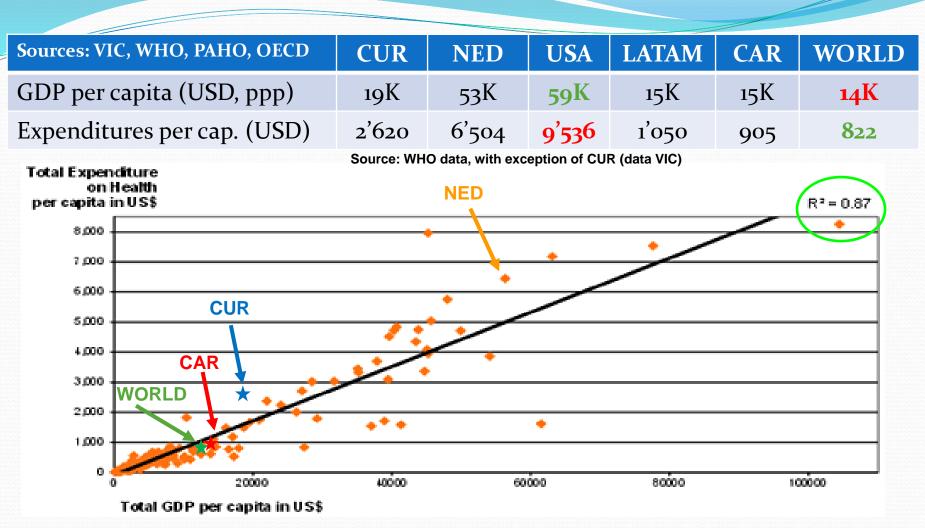
### Health financials:

Sources: VIC, WHO, PAHO, OECD	CUR	NED	USA	LATAM	CAR	WORLD
GDP per capita (USD, ppp)	19K	53K	59K	15K	15K	14K
Expenditures per cap. (USD)	2'620	6'504	9'536	1'050	905	822
Expenditures as % GDP	13	13	16	7	<u>(6)</u>	6
Out-of-pocket / expenditures	(<10% 1)	12%	11%	29%	(29%)	18%
Employment	11%	13%	11%	n.a.	n.a.	n.a.

1) Estimate author, data VIC indicate 1 à 2%.

- Globally and in region not (yet) a top-5 economic sector
- in first world countries (OECD) and locally (CUR) a top-5 economic sector
- OOP: own contribution / own risk / uninsured care on Curaçao (very) low: BHI





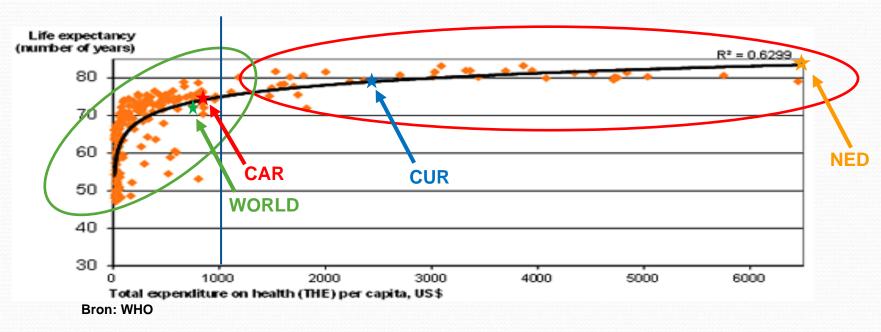
# HIGH CORRELATION: WEALTH CREATES HEALTH EXPENDITURE, BUT...



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# ...MORE HEALTH EXPENDITURE CAN'T KEEP 'BUYING' YOU HIGHER LIFE EXPECTANCY:

Sources: VIC, WHO, PAHO, OECD	CUR	NED	USA	LATAM	CAR	WORLD
Expenditures per cap. (USD)	2'620	6'504	9'536	1'050	905	822
Life expectancy (yr.)	79	82	80	76	74	72

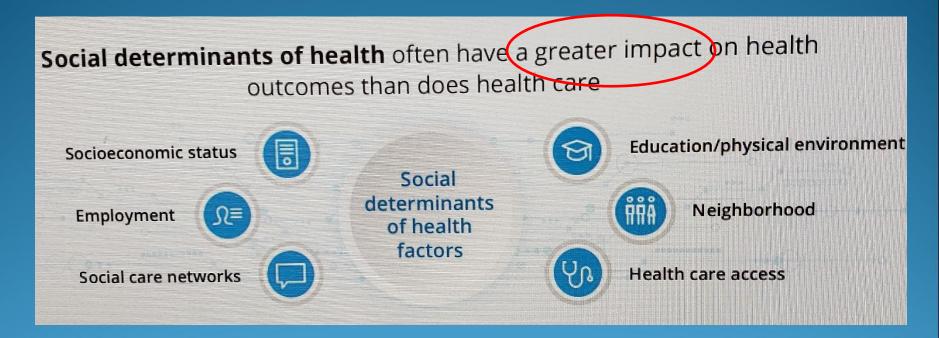


HIGH correlation 'THE' & life expectancy if 'THE' <USD 1'000 p/p/p/y</li>
 VERY LOW correlation if 'THE' >USD 1'000 p/p/p/y



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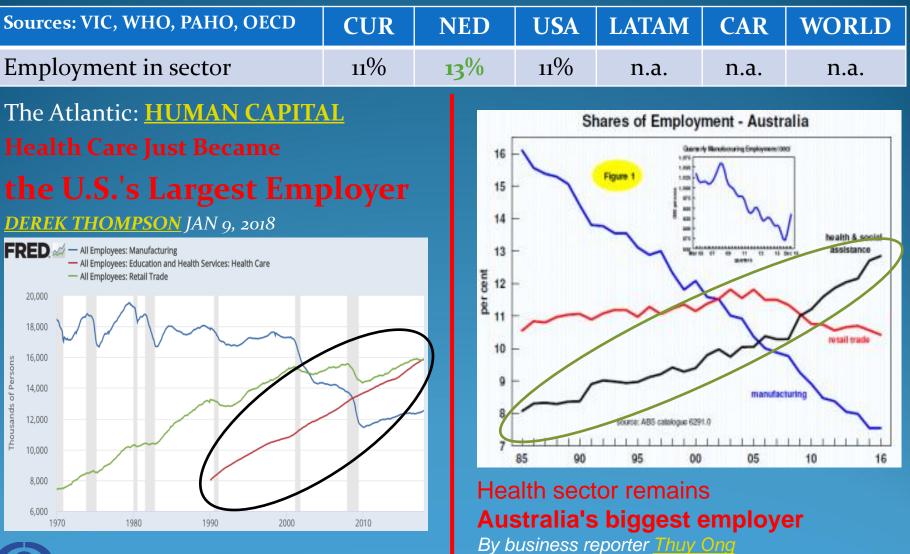
# HEALTH CARE? IT'S MORE IN THE 'SOCIALS' AND THE ECONOMY:



Deloitte, 2019 Global Health Care Outlook

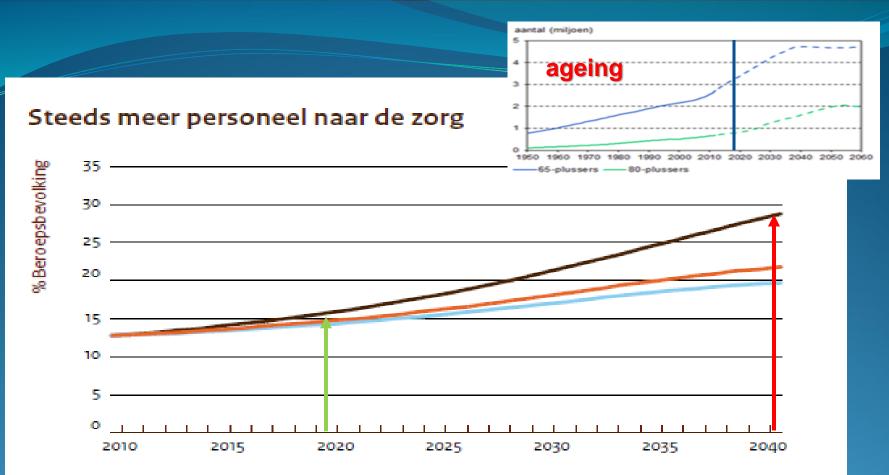


# Employment



Updated 4 Jan 2017, 10:37pm

**SVB** 



De zorguitgaven groeien net zo hard als in de afgelopen 30 jaar De zorguitgaven groeien minder hard dan in het verleden
De zorguitgaven groeien net zo hard als in de afgelopen 10 jaar

**Bron: Centraal Bureau Statistiek (NED)** 

NED: from 14% (now) to 20-28% (2040) of workforce Growth factors: medical technology & economic prosperity (ca. 2/3) ageing & population growth (ca. 1/3)

# **Benchmarks**

### Social-economic & demographic:

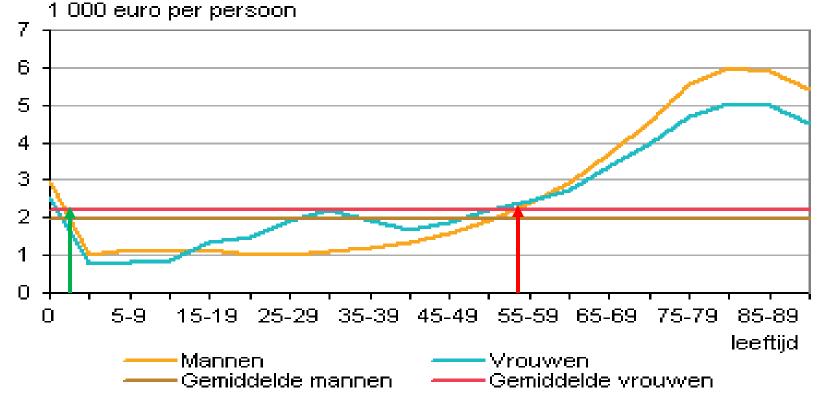
Sources: VIC, WHO, PAHO, OECD, WB, IMF, ILO	CUR	NED	USA	LATAM	CAR	WORLD
Average age (median, yr)	$(4^2)$	<b>42</b>	38	30	32	30
Population <15 yr	18%	16%	19%	25%	26%	25%
Population >65 yr	17%	18%	16%	9%	12%	9%
Fertility rate (child/woman)	2.0	1.8	1.9	2.0	2.2	2.5
Life expectancy (yr)	79	82	80	76	74	72

- Relative old & also aged / derelicted population compared to region & world, population pyramid similar to USA and NED.
- Fertility on average, high life expectancy compared to region & world



# The AGE Factor...

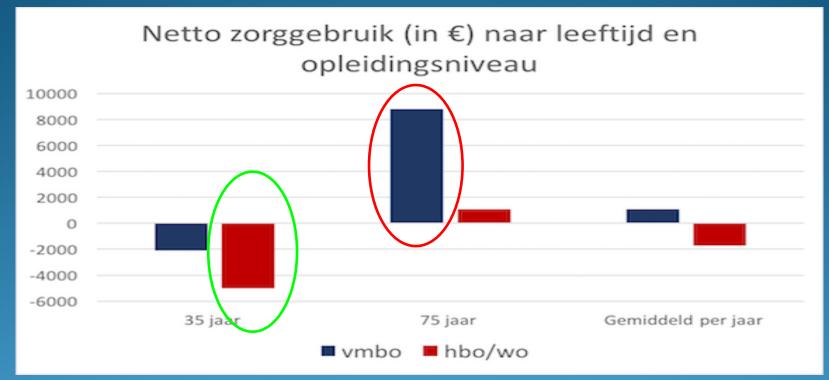
Sources: VIC, WHO, PAHO, OECD, WB, IMF, ILO	CUR	NED	USA	LATAM	CAR	WORLD
Average Age (median, yr)	<b>42</b>	<b>42</b>	38	30	32	30



Bron: CBS NED



# .... AND the EDUCATION Factor



Bron: CPB **NED** 

YOUNGER & HIGHER EDUCATED 'SUBSIDIZING' OLDER / LESS HIGH EDUCATED



# Benchmarks

### Health Status:

Sources: WHO, PAHO, VIC	CUR	NED	USA	LATAM	CAR	WORLD
Infant mortality (< 1 yr)	1.0%	0.3%	0.4%	1.5%	3.0%	1.9%
Child mortality (< 5 yr)	1.2%	<b>0.</b> 4%	0.7%	1.9%	4.4%	4.1%
Dead by unnatural causes (	8%	5%	6%	7%	6%	6%
Overweight (BMI > 25)	65%	49 <sup>%</sup>	<b>68%</b>	60%	57%	31%
Smoking	13%	<b>26</b> %	15%	13%	12%	20%
Consuming Alcohol (liters/yr)	n.a.	9.6	9.0	6.9	6.1	6.2
High Bloodpressure	23%	18%	32%	21%	22%	37%
Diabetes Mellitus II	9%	6%	7%	9% (	10%	6%

- Low infant/child mortality (region/global), high vs. NED/USA
- Higher risk unnatural dead (accident, murder, suicide)
- High obesity (also vs region) en high diabetes (like region)





Ministry of Health, Environment and Nature

> "Un Korsou Salú" *A Healthy Curaçao*

HEALTH CARE SYSTEM REFORM Towards Managing Health & Wellness instead of solely Disease Management

Jeanine Constansia-KooK MSc. Policy Director Ministry of Health, Environment & Nature Curaçao 13<sup>th</sup> CCHFI, 6-8 November 2019, Ministry of Health, Environment and Nature

### "Un Korsou Salú" A Healthy Curaçao

Towards Managing Health & Wellness instead of solely Disease Management

Jeanine Constansia-KooK MSc.N Policy Director Ministry of Health, Environment & Nature Curaçao 12<sup>th</sup> CCHFI, 8-10 October 2018,

# **Reforming Health Care:**

Sustainability, BHI 2013-2019 (pres. Oct18)
Challenges & Policy Reforms (MoH)



# Basic Health Insurance ('BVZ') - Curaçao

- Objectives
- Evaluation Objectives (2013-2019)



### Prior to 2013: 6 public health funds, 4 categories

'Patchwork of systems, funding, tarriffs and coverages'

- 1. Private sector income < USD 35K
- 2. Less / unwealthy income < USD 10K
- 3. Civil Servants
- *4. Retired Civil Servants Total insured via public funds*

Private funds / uninsured etc.

70.000 (Bismarck model) 29.000 (Beveridge) 16.000 (Bismarck) <u>13.000</u> (Dual) 128.000

25.000 (Bismarck)

#### Result: Inequal accessibility, coverage and contribution, market imperfections



# **Objectives BHI**

### Intro: Feb 2013 Lv Basisverzekering Ziektekosten ('BVZ')

(preparations as of 2011)

#### Main Objectives:

- I. Raise Accessibility
- II. Uniform Coverage (& Tariffs)
- III. Harmonize Premium %
- IV. Improve Financial Sustainability => Government & Executive Body (SVB)
- V. Raise Level & Quality Care
- => Legislation: 'Landsbesluit Premieheffing'

=> Legislation: 'Landsbesluit Verzekerdenkring'

=> Legislation: 'Landsbesluit Verstrekkingen'

are => Executive Body (SVB) & Health Care Providers



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# **Evaluation Objectives I**

#### **Raise Accesibility:**

- Feb 2013:
- Oct 2019:
- Insured (n):

Insured **128'000** of 153'000 population CUR (**84%**) Insured **151'000** of 160'000 population CUR (**94%**) + 23'000 (+18%)

#### **CONCLUSION: ACCOMPLISHED**



# **Evaluation Objective II**

Uniform Basic Coverage:

#### **CRITERIA FOR PROVIDED CARE:**

#### 1. NECESSARY? AND 2. EFFECTIVE? AND 3. EFFICIENT? AND 4. PUBLIC RESPONSIBILITY? ALL CONFIRMATIVE? => IN BHI (BZV) COVERAGE PLAN

Prevention, GP, Dental Care (<18 yr, >60 yr, less- & unwealthy)

Paramedic, Maternity, Mental Health

Hospital (3rd class) & Specialist Care, Referrals Abroad (incl. air ambulance) Lab,

Pharmacies, Medical Aids & Devices, Medical Transport (non-urgent)

Glasses Provisions (<18 yr, >60 yr, less- & unwealthy)

Revalidation, District Nursing & Home Care

#### CONCLUSION: UNIFORMITY COVERAGE ALMOST FULLY ACCOMPLISHED



(IF NOT: POLICY CHOICE)

### **Objective III: Harmonize Premium**

#### Legislation: Landsbesluit Premieheffing (> 18 yr, minors for free)

Employer:	9.3% of gross income
Employee:	4.3% (pensioners: 6.5%)
Income ceiling:	USD 83'000
Premium free inc:	USD 7'000-10'000 year (0%-4.3%)
Out-of-pocket:	USD 0.55 per prescription line

#### CONCLUSION: HARMONIZATION / SOLIDARITY ALMOST FULLY ACCOMPLISHED (IF NOT: POLICY CHOICE)



# **Objective IV: Improve Financial Sustainability**

#### Improve Financial Sustainability (dual system Bismarck/Beverage)

 2013: Expenses: Premium income: Government contribution: Expenses per capita:

USD 256M USD 124M (43% of income) USD 163M (57%) USD 1'798

• 2019 (proj.): Expenses:

Premium income: Government contribution: Net result (after overhead): Expenses per capita: USD 306M USD 161M (51%) USD 156M (49%) +USD 1M USD 2'029: <u>trend ca. +2% p/year (nom.)</u>

#### CONCLUSION: FINANCIAL SUSTAINABILITY ACCOMPLISHED (SO FAR)



# **Objective IV: Improve Financial Sustainability**

#### Expenditures per capita & growth BHI benchmarked:

Per capita per year (Naf)	<u>2019 (proj.)</u>	<u>2013</u>	<u>trend p/y</u>
BHI Curaçao <u>DUTCH KINGDOM</u> : AZV Aruba (2017, bron: jaarrekening) BES-Islands (2017, bron: ZVK) ZvW Netherlands (2017, bron: Ministerie VWS) SXM (10+ fragmented funds)	2'029 2'022 5'244 3'079 n.a.	1'798	+2.0%
MLT YEAR TRENDS per capita (real) World LatAm & Carib USA Netherlands Source: IHME (2010-2015)			+1.5% PER CAP. +2.5% +2.0% +1.5%



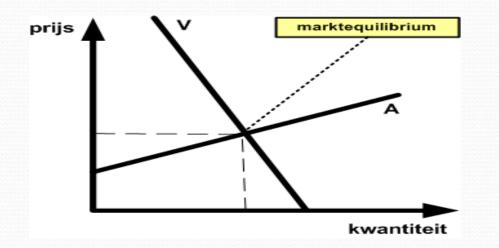
# **Objective IV: Improve Financial Sustainability**

#### Tools used to improve sustainable health expenses, e.g.:

- Budget institutions (closed end)
- Budget specialists in service Hospital (on payroll, closed end)
- Introduce Production ceilings (paramedics, psychologists)
- Implement Tariff cuts in selected profitable sectors (lab, non-urgent transport)
- Develop Pharmaceutical List (generics, max prices and volumes, negative list, etc.)
- Intensify Control procedures (ex-post, on efficiency & lawfullness)
  - Data-analyses ('peers', crosschecks)
  - Spotchecks
  - Interviews
- Maintain Strict Admission policy (caregivers)



# Admission (and Price) policy, WHY?



Multiple Imperfections in health 'market', interventions needed:

- Consumers don't pay. SVB does. No financial incentive Demand side.
- If Supply > Demand, prices don't drop. Tariffs fixed by Government.
- **Competition** Suppliers **doesn't exist**. Not on prices (e.g. local gas stations).
- Suppliers more or less create own Demand. Knowledge asymmetry.
- More Suppliers: Pieces don't shrink accordingly, but Pie becomes larger.



# **Evalution Objective V**

#### Tools used to improve Quality of Care

- Quality Agreements (groups of) caregivers
  - Continuing education (accreditated, e.g. 40 hours a year)
  - Minimum and maximum production standards
  - Treatment protocols
- Implementation Policy Papers & Vision Documents Care Providers
- Centralisation Patient Treatment & Registration
  - 1 GP 1 Dentist 1 Pharmacy (pending)

#### CONCLUSION: QUALITY OF CARE PARTLY RISEN (IN PROGRESS)



# **Evaluation Objective V**

#### Tools used to improve Level of Care

- Expansion Local Care Substituting Medical Referrals
  - Set up Cathlab unit (2014) referrals cardio from 293 (2013) => < 150 pats (2018)
  - Set up Neurosurgery unit (2017) referrals neurosurgery from 182 (2015) => < 50 (2018)
  - Expand Dialyses capacity (2018) no more referrals as from 2019
  - Expand quantity medical specialists 92 (2013) => 107 (2019)

- contracted in Hospital 8 (2013) => 49 (2019)

Expenses per Capita Medical Referrals trending - 2% per year.

#### **CONCLUSION: LEVEL OF CARE RISEN, REFERRALS DOWN**



# Major Future Challenge => 15 NOVEMBER 2019, 07:00 AM

> Transition process Central Hospital to Curaçao Medical Center (CMC): 300 beds





# Challenge => Curaçao Medical Center CMC

- > Additional financial burden BHI: + USD 33M PER YEAR (+44%!)
- > Compensating measures (inforced by Legislation) to break even BHI:
  - Medical Specialists: Care Contracts => retirement age: 65 year
     Production Ceiling: USD 417K
  - Medicines: Profit margin on brands: from 20% to 10%
     Profit margin on generics: 20% (unchanged)
     Instant Registration Generics from WHO countries-of-origin
     => Price cut 'brands': 38.33%, generics 30%.
     Exoneration sales tax
  - Medical Referalls: From n=1'000 to n=500 a year by:
    - contracting more specialist in hospital
    - flying in more specialists
    - create more capacity
      - ICU, NICU, dialyses, equipment, materials



# THANK YOU ALL!



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